

The United States Cycling Federation

Welcome!

On behalf of the USCF, we hope that you are looking forward to a new year of bike racing. We are glad that you are a member and hope that you will find many opportunities to enjoy road and track racing.

Good luck with your racing!

Need new dates for deadlines

2002 Deadlines

Date

- ~~5/4~~ Nomination notices published by this date (Bylaw 3.2.1)
- ~~6/4~~ Nominations for Trustees sent to the Association post-marked no later than this date (Bylaw 3.2.1).
- ~~6/15~~ Clubs submitting amendments to the House of Delegates must do so by this date (Bylaw 6.3).
- ~~8/15~~ Ballots mailed to members and Clubs (Bylaw 3.2.2).
- ~~9/15~~ Members to mail ballots to the Ballot Clerk no later than this date (Bylaw 3.2.2).

This Rulebook is published by the USCF. Others may purchase a copy by sending a request with \$10, payable to USA Cycling, to the following address:

USA Cycling
One Olympic Plaza
Colorado Springs, CO 80909
(719) 578-4581

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Photos by Casey B. Gibson

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USCF Major Rule Changes for 2002

- Additional championships for Espoir track riders 5E5.
- Two new events for Junior Track championships 5D7(c) and 5D7(d).
- Gear limits for junior track riders 1J6.
- Breaking of ties in time for 200 seeding in sprints 2F1.
- Olympic sprint rule concerning mishaps and false starts changed 2L2, 2L4.
- UCI Trade Teams III's may enter USCF state championships 1G7, 5B1.
- UCI Trade Team members are not allow to enter masters championships 5G1, 1H1.
- New Cyclocross rules adopted that more closely follow UCI rules 3G.
- Espoir championship age clearly defined 5E1
- Amendment deadline extended to allow flexibility in USCF Board fall meeting Bylaw 6.5.
- THE INDEX IS BACK !

SCHEDULE OF FEES

1. Scope and Definitions.

All fees and fines accrue to the general funds of USA Cycling except where it states otherwise. The Executive Director establishes these fees.

The following definition applies to these fees.

A **race series** is a sequence of race events of the same type (such as road, criterium, time trial or track) conducted in a single state generally on a regular basis at the same location, time, and day of the week.

2. Membership Fees

MEMBERSHIP TYPE OF LICENSE	ANNUAL FEE
International	\$115
Domestic	\$45
Juniors	\$35
Officials	\$45
Mechanics	\$45
Coaches	\$75
One-Day Licenses	\$5

Domestic Licenses are valid for one calendar year from the date of issue. The fee for foreign riders (non-U.S. citizen) at any time is \$140. International Licenses are valid only through December 31 of the year they are issued. The fee for replacing any Federation license is \$15.

3. Club Fees

The annual membership fee for unsponsored or sponsored clubs is \$100.

4. Organizer Fees

(a) **Standard Competitive Event** the permit fee for standard Federation races is determined by adding the \$25 per day basic permit fee plus 6 % (8% for USPRO) of the total event prize list. The prize list total is determined by adding the total cash and merchandise retail value of the prizes for the event. This permit should be used for any Category A through C USCF race. Category D and E USCF competitive events are eligible for the reduced rate. Event permits for Category D USCF races are \$50.00 per day. Event permits for Category E USCF races are \$25 per day.

representatives may have competed in an event or discipline not on the program of the Olympic or Pan American Games, provided that such event or discipline is recognized by the International Federation (IF) of the NGB or is regularly included in the international competition program of the IF, i.e. World Championship. At the time of election, all NGB athlete representatives shall have demonstrated their qualifications as athletes by having: (1) Within the ten (10) years preceding election, represented the United States in the Olympic or Pan American Games or an Operation Gold event, or a World Championship recognized by the NGB's IF for which a competitive selection process was administered by the NGB, or, in a team sport, an international championship recognized by the IF of the NGB; or (2) Within the twenty-four (24) months before election, demonstrated that they are actively engaged in amateur athletic competition by finishing in the top half of the NGB's national championships or team selection competition for the events in subparagraph (1) or (2) or in a team sport have been a member of the NGB's national team; or (3) Within the ten (10) years preceding election, represented the United States in the Paralympic Games, or an International Paralympic Committee-recognized World Championship in the events of the Paralympic Games program. Athlete representatives may not be drawn from events that categorize entrants in age-restricted classifications commonly known as "Juniors", "Masters", "Seniors", "Veterans" or other similarly designated age-restricted competition.

Policies

I. Helmets

Section 1. Helmets Mandatory.

Part 1. At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, motorcycle drivers and all motorcycle passengers shall wear a securely fastened helmet that meets the US DOT motorcycle helmet standard.

Part 2. At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets either the US DOT helmet standards or one of the following standards:

- (1) American National Standards Institute (ANSI) Standard Z90.4;
- (2) Snell Memorial Foundation Standard "B" or "N" series;
- (3) American Society for Testing and Materials (ASTM) standard F-1447.
- (4) Canadian Standards Association (CSA) standard CAN/CSA-D113.2-M;
- (5) U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets;
- (6) As to NBL only, such standards as maybe determined by its Board of Trustees to be in the best interest of its members from time to time.

Riders shall show documentary proof of this, such as a manufacturer's label, upon request by event officials. Beginning January 1, 2010, only the DOT and CPSC helmet standards will be recognized.

Section 2. Responsibility Warranties. And the use of such helmets is strongly recommended for all bicycle riders. It is the rider's responsibility to select and wear such a helmet that offers sufficient protection against head injury and does not restrict the rider's vision. USA Cycling makes no warranties or representations regarding the protective adequacy or fitness for competition of any helmets and a rider, by entering an event conducted under USA Cycling or any member organization rules, agrees not to sue and to hold harmless USA Cycling from any and all claims arising from the use of any particular helmet.

Section 3. Additional Requirements. Associations may adopt additional, more stringent regulations regarding bicycle safety helmets, provided that such regulations may in no way supersede the requirements of this Policy.

II. Medical Control

Section 1. USA Cycling has adopted and participates in the United States Anti-Doping Agency (USADA) protocol for Olympic Movement testing (USADA protocol).. The USADA protocol is incorporated herein by reference and shall prevail over any USA Cycling Regulation to the contrary. Their medical control regulations shall apply to USA Cycling, its Associations, and all members, licensees, participants in races granted permits by USA Cycling or Associations, and organizations affiliated with USA Cycling or Associations. For information on or a copy of the USADA protocol can be obtained from USADA at (800) 233-0393 or the USADA web site www.usantidoping.org.

Section 2. Prohibited Substances, Boosting, and Penalties

Part 1. Use of prohibited substances or procedures that is detected by USADA using their test procedures or by the UCI using their testing procedures and IOC approved laboratories shall result in the same penalties.

Part 2. Penalties for infractions of any section of these regulations shall be those set forth in the UCI Regulations from time to time and imposed by USA Cycling. Please refer to www.usantidoping.org or www.uci.ch or the current UCI Regulations.

Part 3. Prohibited Practices. No rider may use the substances listed in the current UCI list of prohibited substances. See Table 1 for a list of the more common prohibited substances. This list is not all inclusive and is subject to change at any time. For current substances contact USADA at (800) 233-0393.

Section 3. Testing Procedures

The testing protocol will be that of the United States Anti-Doping Agency (USADA).

Section 4. Tests Results and Evidence.

All testing and results will be the responsibility of the United States Anti-Doping Agency (USADA).

Section 5. Disposition

Any investigation, prosecution, and hearings shall be the responsibility of the United States Anti-Doping Agency (USADA). USA Cycling shall impose any sanction from the adjudication process when permitted under the USADA protocol and in accordance with the UCI approved sanctions.

Table 1. Examples of Prohibited Substances

Testing is based on detectable amounts in urine except where quantitative concentrations are shown that must be exceeded to be considered positive.

Stimulants, such as:

Amfepramone	methylephedrine (5 ug/ml)
amineptine	methylphenidate
amphetamine	methoxyphenamine
caffeine >12 ug/ml	nikethamide
cathine >5 ug/ml	norphenfluramine
cocaine	parahydroxyamphetamine
cropropamide1	pemoline
crothetamide1	phendimetrazine
ephedrine >5 ug/ml	phentermine
ethamivan	pholadrine
etilefrine	prolintane
fencamfamine	propylhexedine
fenetylline	pseudoephedrine >10 ug/ml
fenfluramine	salbutamol2
heptaminol	strychnine
methylenedioxamphetamine	and related substances e.g. ma huang (herbal ephedrine)

mefeoorex
mephentermine
mesocarbe
methamphetamine

Narcotics, such as:

Ethylmorphine	pethidine
Hydrocodone	propoxyphene
morphine >1ug/ml	and related pentazocine substances

Beta 2 Agonists, such as:

clenbuterol	fenoterol
salbutamol2	and related
salmeterol	substances
terbutaline2	

For answers to specific questions or more information on substances not listed call the USADA Drug Hotline at 800-233-0393.

- 1 Component of microrene
- 2 See also Policy II, Section 2, part 5

Diuretics, such as:

acetazolamide	hydrochlorothiazide
bendroflumethiazide	indaparnide
bumetanide	spironolactone
canrenone	triamterene
chlortalidone	and related substances
furosemide	

Peptide and Glycoprotein Hormones and analogues:

All respective releasing factors (and their analogues) of these substances are prohibited.

corticotrophin (ACTH)	human chorionic gonadotrophin (HCG)
erythropoietin (EPO)	growth hormone (HGH Somatotrophine)

Anabolic steroids, such as:

boldenone	methyltestosterone
clostebol	mibolerone
danazol	nandrolone
dehydrochlormethyltestosterone	norethandrone
dihydrotestosterone	osterone
drostanolone	oxandrolone
fluoxymesterone	oxymesterone
flormebolone	oxymetholone
mesterolone	stanozolol
metandienone	testosterone ¹
metenolone	trenbolone and related substances
metandriol	

¹ Testosterone is considered positive if the ratio in urine of testosterone/epitestosterone is greater than 6 to 1 unless there is evidence that this ratio is due to a physiological or pathological condition, e.g. low epitestosterone excretion, androgen production of tumor or enzyme deficiencies.

Masking Agents:

epitestosterone ²	probenecid
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Cannabinoids/Marijuana:

A concentration in urine of 11-nor-delta 9-tetrahydrocannabinol- 9-carboxylic acid (carboxy-THC) greater than 15 nanograms per milliliter is prohibited.

For answers to specific questions or more information on substances not listed call the USADA Drug Hotline at 800-233-0393

III. Administrative Grievances

Section 1. Grievances by members relating to their rights and duties under the Constitution and Policies of USOC or relating to any administrative action by USA Cycling or its Associations, may be filed with the Executive Director in writing and stating the basis of the action that substantially prejudices the rights of the member. The Executive Director shall respond to the grievance in a prompt and equitable manner by appointing either an investigator or a three-person committee to investigate the grievance. The investigator or committee shall provide its written recommendations to the Executive Director as soon as practicable. The Executive Director shall take such action deemed appropriate under the circumstances of the case and USA Cycling regulations.

Section 2. For the purposes of this Policy, the meaning of the term member includes members of USA Cycling; persons participating in a bicycle race held under an USA Cycling or Association permit; affiliated organizations; and race promoters and their employees, independent contractors, and volunteers.