

ATTACHMENT J

TO THE AFFIDAVIT OF FRANKIE ANDREU

vaughters[1]

Instant message between Frankie and Jonathan the morning of 26 July 2005 around if not before 6:00 a.m.

Cyclevaughters: frankie - hey - thanks for talking the other day
FDREU: no problem, where are you
Cyclevaughters: back in CO
FDREU: nice, I just got home, isn't it like 5AM
Cyclevaughters: sometimes i think i'm going to go nuts
Cyclevaughters: yeah
Cyclevaughters: it's 5am
FDREU: I agree, I came home and the air conditioning is broken
Cyclevaughters: ouch
FDREU: did your kid grow twice it's size in the two weeks you were gone
Cyclevaughters: yeah, his feet look bigger for some reason
FDREU: funny
Cyclevaughters: anyhow, i never can quite figure out why i don't just play along with the lance crowd - i mean shit it would make my life easier, eh? it's not like i never played with hotsauce, eh?
FDREU: I know, but in the end i don't think it comes back to bite you
FDREU: I play along, my wife does not, and Lance hates us both
FDREU: it's a no win situation, you know how he is. Once you leave the team or do something wrong you forever banned
Cyclevaughters: i suppose - you know he tried to hire me back in 2001... he was nice to me... i just couldn't deal with that whole world
FDREU: I did not know that
FDREU: look at why everyone leaves, it's way to controlling
Cyclevaughters: once I went to CA and saw that now all the teams got 25 injections every day, i felt really guilty
Cyclevaughters: hell, CA was ZERO
FDREU: you mean all the riders
Cyclevaughters: Credit Agricole
FDREU: it's crazy
Cyclevaughters: So, I realized lance was full of shit when he'd say everyone was doing it
FDREU: You may read stuff that i say to radio or press, praising the Tour and lance but it's just playing the game
Cyclevaughters: believe me, as crazy as it sounds - Moreau was on nothing. Hct of 39%
FDREU: when in 2000-2001
Cyclevaughters: so, that's when you start thinking... hell, kevin was telling me that after 2000 Ulrich never raced over 42%--- yeah moreau in 2000-2001
Cyclevaughters: anyhow - whatever
FDREU: After 1999, you know many things changed. lance did not
FDREU: I believe that's part of why kevin left, he was tired of the stuff
Cyclevaughters: funniest thing i ever heard - Johan and lance dumped Floyd's rest day blood refill down the toilet in front of him in last yrs tour to make him ride bad
FDREU: holy shit, I never heard that. that's crazy!!!
Cyclevaughters: that's from floyd
Cyclevaughters: he rode this year with no extra blood
FDREU: I never knew
FDREU: he did great also
Cyclevaughters: yeah, i could explain the whole way lance dupes everyone
FDREU: what about GH climbing the mountains better than azevedo and the entire group
Cyclevaughters: from how floyd described it, i know exactly the methods
FDREU: explain that, classics to climber
FDREU: when did you talk with floyd
Cyclevaughters: i don't know - i want to trust George
Cyclevaughters: but the thing is on that team, you think it's normal
Cyclevaughters: or at least i did
FDREU: i guess. anything with blood is not normal
Cyclevaughters: yeah, it's very complex how they avoid all the controls now, but it's not any new drug or anything, just the resources and planning to pull off a well

vaughters[1]

devised plan

Cyclevaughters: it's why they all got dropped on stage 9 - no refill yet - then on the rest day - boom 800ml of packed cells

FDREU: they have it mastered. good point

Cyclevaughters: they draw the blood right after the dauphine

FDREU: how do they sneak it in, or keep it until needed

FDREU: i'm sure it's not with the truck in the frig

Cyclevaughters: motorcycle - refrigerated panniers

Cyclevaughters: on the rest day

Cyclevaughters: floyd has a photo of the thing

FDREU: crazy! it's just keep going to new levels

Cyclevaughters: yeah, it's complicated, but with enough money you can do it

FDREU: they have enough money. Floyd was so pissed at them this entire tour

Cyclevaughters: anyhow - i just feel sorry for floyd and some of the other guys

Cyclevaughters: why would lance keep doing the shit when he clearly has nothing to prove - it's weird

FDREU: I know. me to. they all get ripped into for no reason

FDREU: he's done now, thank god. but they will prove next year for Johan's sake that they are the greatest

Cyclevaughters: and then lance says " this guy and that guys are pussies"

FDREU: they won't stop

FDREU: I agree

Cyclevaughters: then i've got tiger as one of my sponsors, and he loves to pick my mind...what do i say?

FDREU: You play dumb.

FDREU: You can't talk with them about this stuff

FDREU: I would think they would freak

Cyclevaughters: yeah, that's tough - i do, but it's tough

Cyclevaughters: maybe they should freak

Cyclevaughters: what about dan osipow or Louise? do they know what's up?

FDREU: I know, I get tired of hearing how great Lance is, what a super person, etc. It's crazy and it's hard to not just talk people he is a cheat and asshole

FDREU: I think not. they just run the team. They are never allowed in a hotel room or bus or anything

Cyclevaughters: every other team in the tour you could just walk right on to their bus and say hi

Cyclevaughters: but disco won't let dan on?

Cyclevaughters: all right

FDREU: my kids are waking up, I gotta run. Let's talk some more later

Cyclevaughters: i've had enough - i'm glad to be home - hopefully this won't affect my team or my kids

FDREU: I agree

Cyclevaughters: that's all i care about

FDREU: ciao

Cyclevaughters: see ya